

WHAT TO BRING

Teams and Guests



This is a general packing list to help you prepare for your visit. Make sure to take into account your group's itinerary, weather, and length of stay when deciding what to bring.

MODESTY POLICY

We want everyone to feel comfortable, respected, and focused on ministry while also honoring the local culture in Mexico. These simple guidelines help us show respect and keep the emphasis on serving and sharing the Gospel.

- **Tops:** Please wear shirts with sleeves (short or long). Avoid anything low-cut or showing cleavage.
- **Bottoms:** Shorts, skirts, and dresses should reach the knee (similar to basketball shorts length).
- **General:** Undergarments should not be visible at any time.
- **Swimwear:** When swimming (during designated team times), please choose modest options—no bikinis.

CLOTHING, SHOES, ETC.

- T-shirts,
- Sweatshirt/ Jacket
- Pants, Jeans, Capris
- Long Shorts - Knee Length
- Socks, Undergarments, Sleepwear
- Tennis Shoes, Sandals/Flip Flops
- Clothing/Shoes for Church Services
- Hat, Bandana, Belt
- Glasses/Extra Contacts, Contact Solution
- Sunglasses
- Work Clothes: Jeans/Capris, Closed-Toed Shoes
(for construction projects or dump ministry)

OTHER

- Bible, Notebook/Journal, Pen
- Passport/Passport Card & Copy Driver's
- License/Photo ID
- Cell Phone Charger
- Camera, Batteries, Charger, Memory Cards
- Water Bottle (Very Important!)
- Alarm Clock, Watch
- Ear Plugs (For Sleeping/Work Sites)
- Spending Money (Tacos, Souvenirs, etc.)

ABOVE ALL, BRING YOUR HEART, READY AND WILLING TO SERVE

HYGIENE

- Deodorant, Soap, Shampoo, Conditioner
- Toothbrush, Toothpaste, Floss Hairbrush/Comb
- Razor, Shaving Cream
- Hair Dryer, Curling/Flat Iron
- Styling Products, Hair Ties
- Sunblock, Lip Balm
- Wet Wipes, Sanitizer
- Feminine Hygiene Products
- Prescription Medications-in the original bottles

LINENS

Provided by Connections House

- Bath Towel, Washcloth, Bedding

BEACH

Only for schedules that include a beach day

- Modest swimsuit
- Beach towel

WHAT NOT TO BRING

Weapons-Knives, Guns, Ammunition

Vaping Devices

Unnecessary Valuables